

Improvement of Physical Health via Nutritional Strategies: Case studies from Denmark and Japan

The 18th of November 9:30-11:00 CET / 17:30-19:00 JST

Language: Japanese and English

Program

- **09:30-09:35 (17:30-17:35)**
Welcome by Tokai University European Center
- **09:35-09:40 (17:35-17:40)**
Opening remarks
- **09:40-10:10 (17:40-18:10)**
"Nutritional practices as part of home care services to older adult citizens in a Danish municipality - recommendations vs. reality"
Presentation by:
Trine Vase Bendtsen, M.Sc &
Mette K. F. Iversen, M.Sc
- **10:10-10:40 (18:10-18:40)**
"Strategized Protein Management as a Key Regulator of Skeletal Muscle Mass Across the Lifespan"
Presentation by:
Jun Yasuda, Ph.D
- **10:40-10:50 (18:40-18:50)**
Closing Discussion
- **10:50-10:55 (18:50-18:55)**
Closing remarks
- **10:55-11:00 (18:55-19:00)**
End of program



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